

## WESLEYAN CHRISTIAN ACADEMY EARLY EDUCATION MENU Sept 2-Oct 4, 2024



| MONDAY              | *TUESDAY                    | WEDNESDAY              | *THURSDAY                | FRIDAY                 |
|---------------------|-----------------------------|------------------------|--------------------------|------------------------|
| 2                   | 3                           | 4                      | 5                        | 6                      |
|                     | Cereal                      | Scrambled Eggs         | Waffles                  | Yogurt and Berries     |
| No School           | Tuesday Beef Taco           | Pork Fried Rice        | Beefaroni and Meat Sauce | Chicken Strips         |
|                     | Corn                        | Peas and Carrots       | Steamed Carrots          | Peas                   |
|                     | Rice                        | Green Beans            | Garlic Bread Sticks      | Baked Tots             |
|                     | Fruit                       | Fruit                  | Fruit                    | Fruit                  |
|                     | Scooby Snacks and Sunbutter | Banana Pudding         | Pita and Hummus          | Cheese and Crackers    |
| 9                   | 10                          | 11                     | 12                       | 13                     |
| Cereal and Milk     | Breakfast Pizza             | Scrambled Eggs         | Pancakes                 | Yogurt and Berries     |
| Scrambled Eggs      | Tuesday Chicken Taco        | Sweet and Sour Chicken | Cheeseburger             | ACP                    |
| Pancakes            | Corn                        | Broccoli               | Tater Tots               | Vegitable Medley       |
| Bacon               | Rice                        | Brown Rice             | Garden Salad             | Rice                   |
| Fruit               | Fruit                       | Fruit                  | Fruit                    | Fruit                  |
| Watermelon          | Nutrigrain and Apples       | Strawberry shortcake   | Pita, Cucumber and Ranch | Cheese Roll Ups        |
| 16                  | 17                          | 18                     | 19                       | 20                     |
| Cereal and Milk     | Sausage Biscuit             | Scrambled Eggs         | Waffles                  | Yogurt and Berries     |
| Scrambled Eggs      | Tuesday Beef Tacos          | Hot Dog                | Chicken Pot Pie          | Chicken Mac and Cheese |
| Biscuits/Gravy      | Corn Salsa                  | Baked Beans            | Peas and Carrots         | Broccoli               |
| Bacon               | Rice                        | Tater Tots             | Diced Potatoes           | Garlic Breadsticks     |
| Fruit               | Fruit                       | Fruit                  | Fruit                    | Fruit                  |
| Turkey Rollups      | Bug Bites and Sunbutter     | Banana Pudding         | Pita and Hummus          | Cheese and Crackers    |
| 23                  | 24                          | 25                     | 26                       | 27                     |
| Cereal and Milk     | Breakfast Pizza             | Scrambled Eggs         | Pancakes                 | Yogurt and Berries     |
| Chicken and Waffles | Tuesday Chicken Taco        | Beefaroni              | Sweet and Sour Chicken   | ACP                    |
| Peas                | Corn                        | Steamed Carrots        | Rice                     | Rice                   |
|                     | Rice                        | Garlic Breadsticks     | Broccoli                 | Garden Salad           |
| Fruit               | Fruit                       | Fruit                  | Fruit                    | Fruit                  |
| Watermelon          | Nutrigrain and Apples       | Strawberry Shortcake   | Pita, Cucumber and Ranch | Cheese Roll Ups        |
| 30                  | 1                           | 2                      | 3                        | 4                      |
| Cereal and Milk     | Sausage Biscuit             | Scrambled Eggs         | Waffles                  | Yogurt and Berries     |
| French Toast Sticks | Tuesday Beef Tacos          | Chicken Parm           | Roasted Turkey/Gravy     | Chicken Mac and Cheese |
| Bacon               | Corn Salsa                  | Steamed Carrots        | Green Beans              | Broccoli               |
| Scrambled Eggs      | Rice                        | Pasta                  | Sweet Potatoes           | Garlic Breadsticks     |
| Fruit               | Fruit                       | Fruit                  | Fruit                    | Fruit                  |
| Watermelon          | Scooby Snacks and Sunbutter | Banana Pudding         | Pita and Hummus          | Cheese Roll Ups        |

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