



WESLEYAN CHRISTIAN ACADEMY

EARLY EDUCATION MENU

October



MONDAY	*TUESDAY	WEDNESDAY	*THURSDAY	FRIDAY
30	1 Sausage Biscuit Tuesday Beef Tacos Corn Salsa Rice Fruit Scooby Snacks and Sunbutter	2 Scrambled Eggs Chicken Parm Steamed Carrots Pasta Fruit Banana Pudding	3 Waffles Roasted Turkey/Gravy Green Beans Sweet Potatoes Fruit Pita and Hummus	4 Yogurt and Berries Chicken Mac and Cheese Broccoli Garlic Breadsticks Fruit Cheese Roll Ups
7 Cereal and Milk Scrambled Eggs Pancakes Bacon Fruit Watermelon	8 Breakfast Pizza Tuesday Beef Taco Corn Rice Fruit Nutrigrain and Apples	9 Scrambled Eggs Orange Chicken Rice Green Beans Fruit Strawberry shortcake	10 Pancakes Beefaroni and Meat Sauce Ranch Carrots Garlic Bread Sticks Fruit Pita, Cucumber and Ranch	11 Yogurt and Berries Cheese Pizza Vegetable Fries Fruit No Snack
14 Cereal and Milk Chicken Waffles Steamed Carrots Spiced Apples Turkey Rollups	15 Sausage Biscuit Tuesday Chicken Taco Corn Rice Fruit Bug Bites and Sunbutter	16 Scrambled Eggs Sweet and Sour Chicken Broccoli Brown Rice Fruit Banana Pudding	17 Waffles Cheeseburger Bar Peas Potato Wedges Fruit Pita and Hummus	18 Yogurt and Berries Cheesy Chicken Rice Green Beans Fruit Cheese and Crackers
21 Cereal and Milk Scrambled Eggs Biscuits Sausage Fruit Watermelon	22 Breakfast Pizza Tuesday Beef Tacos Corn Rice Fruit Nutrigrain and Apples	23 Scrambled Eggs General Tso's Chicken Green Beans Stir Fried Cabbage Fruit Strawberry Shortcake	24 Pancakes Beefaroni and Meat Sauce Ranch Carrots Garlic Bread Sticks Fruit Pita, Cucumber and Ranch	25 Yogurt and Berries Cheese Pizza Vegetable Fries Fruit Cheese Roll Ups
28 Cereal and Milk Chicken Waffles Cheddar Broccoli Fruit Watermelon	29 Sausage Biscuit Tuesday Chicken Taco Corn Rice Fruit Scooby Snacks and Sunbutter	30 Scrambled Eggs Baked Spaghetti Carrots Bread Sticks Fruit Banana Pudding	31 Waffles Sweet and Sour Chicken Green Beans Ginger Rice Fruit Pita and Hummus	1 Yogurt and Berries Cheesy Chicken Rice Vegetables Fruit Cheese Roll Ups