WESLEYAN CHRISTIAN ACADEMY
EARLY EDUCATION MENU
October

MONDAY	*TUESDAY	WEDNESDAY	*THURSDAY	FRIDAY
30	**1**	**2**	**3**	**4**
	Sausage Biscuit	Scrambled Eggs	Waffles	Yogurt and Berries
	Tuesday Beef Tacos	Chicken Parm	Roasted Turkey/Gravy	Chicken Mac and Cheese
	Corn Salsa	Steamed Carrots	Green Beans	Broccoli
	Rice	Pasta	Sweet Potatoes	Garlic Breadsticks
	Fruit	Fruit	Fruit	Fruit
	Scooby Snacks and Sunbutter	Banana Pudding	Pita and Hummus	Cheese Roll Ups
7	**8**	**9**	**10**	**11**
Cereal and Milk	Breakfast Pizza	Scrambled Eggs	Pancakes	Yogurt and Berries
Scrambled Eggs	Tuesday Beef Taco	Orange Chicken	Beefaroni and Meat Sauce	Cheese Pizza
Pancakes	Corn	Rice	Ranch Carrots	Vegitable
Bacon	Rice	Green Beans	Garlic Bread Sticks	Fries
Fruit	Fruit	Fruit	Fruit	Fruit
Watermelon	Nutrigrain and Apples	Strawberry shortcake	Pita, Cucumber and Ranch	No Snack
14	**15**	**16**	**17**	**18**
Cereal and Milk	Sausage Biscuit	Scrambled Eggs	Waffles	Yogurt and Berries
Chicken	Tuesday Chicken Taco	Sweet and Sour Chicken	Cheeseburger Bar	Cheesy Chicken
Waffles	Corn	Broccoli	Peas	Rice
Steamed Carrots	Rice	Brown Rice	Potato Wedges	Green Beans
Spiced Apples	Fruit	Fruit	Fruit	Fruit
Turkey Rollups	Bug Bites and Sunbutter	Banana Pudding	Pita and Hummus	Cheese and Crackers
21	**22**	**23**	**24**	**25**
Cereal and Milk	Breakfast Pizza	Scrambled Eggs	Pancakes	Yogurt and Berries
Scrambled Eggs	Tuesday Beef Tacos	General Tsos Chicken	Beefaroni and Meat Sauce	Cheese Pizza
Biscuits	Corn	Green Beans	Ranch Carrots	Vegitable
Sausage	Rice	Stir Fried Cabbage	Garlic Bread Sticks	Fries
Fruit	Fruit	Fruit	Fruit	Fruit
Watermelon	Nutrigrain and Apples	Strawberry Shortcake	Pita, Cucumber and Ranch	Cheese Roll Ups
28	**29**	**30**	**31**	**1**
Cereal and Milk	Sausage Biscuit	Scrambled Eggs	Waffles	Yogurt and Berries
Chicken	Tuesday Chicken Taco	Baked Spaghetti	Sweet and Sour Chicken	Cheesy Chicken
Waffles	Corn	Carrots	Green Beans	Rice
Cheddar Broccoli	Rice	Bread Sticks	Ginger Rice	Veggies
Fruit	Fruit	Fruit	Fruit	Fruit
Watermelon	Scooby Snacks and Sunbutter	Banana Pudding	Pita and Hummus	Cheese Roll Ups