



# WESLEYAN CHRISTIAN ACADEMY

## Elementary Menu

September 30-November 1



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	<b>30</b>		<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>	
<b>Academy</b>	Cheeseburger		Quesadilla		Fried Chicken Sandwich		Cheese Pizza		Spaghetti and meat sauce	
<b>Elementary</b>	French Toast Sticks Scrambled Eggs Hash Browns Fruit		Tuesday Beef Tacos Corn Rice Fruit		Chicken Parm Pasta Garden Salad Fruit		Roasted Chicken Legs Rice Pilaf Sweet Potatoes Mash Fruit		Chicken Mac and Cheese Garlic Breadsticks broccoli Fruit	
<b>Vegan</b>	Vegan Breakfast		Bean & Veggie Tacos		Vegan Pasta		Vegan Pizza		Vegan Mac and Cheese	
	<b>7</b>		<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>	
<b>Academy</b>	Cheeseburger		Quesadilla		Fried Chicken Sandwich		Cheese Pizza			
<b>Elementary</b>	Scrambled Eggs Pancakes Bacon Fruit		Tuesday Beef Taco Corn Rice Fruit		Orange Chicken Rice Garlic Green Beans Fruit		Beefaroni and Meat Sauce Ranch Carrots Garlic Bread Sticks Fruit		Inservice No School	
<b>Vegan</b>	Vegan Breakfast		Bean Tacos		Veggie Fried Rice		Vegan Pizza			
	<b>14</b>	<b>15</b>	<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>	
<b>Academy</b>	Cheeseburger		Quesadilla		Chicken BBQ Sandwich		Cheese Pizza		Chicken Alfredo	
<b>Elementary</b>	Chicken and Waffles Spiced Apples Tater Tots Fruit		Tuesday Chicken Taco Pinto Beans Rice Fruit		Sweet and Sour Chicken Broccoli   Carrots Brown Rice Fruit		Cheeseburger Bar Peas Potato Wedges Fruit		ACP Rice Green Beans Fruit	
<b>Vegan</b>	Vegan Breakfast		Bean & Veggie Tacos		Vegan Sw/Sour Chicken Meal		Vegan Pizza		Veggie "Cheese" and Rice	
	<b>21</b>		<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>	
<b>Academy</b>	Cheeseburger		Quesadilla		Cheddar Ranch Chicken					
<b>Elementary</b>	Scrambled Eggs Biscuits/Gravy Sausage hash browns Fruit		Tuesday Beef Tacos Corn Peppers and Onions Black Beans rice fruit		General Tsos Chicken Green Beans Stir Fried Cabbage rice fruit		Half Day		Parent Teacher Conference Day Inservice Day	
<b>Vegan</b>	vegan eggs n' sausage		bean n' veggie tacos		bbq tofo					
	<b>28</b>		<b>29</b>		<b>30</b>		<b>31</b>		<b>1</b>	
<b>Academy</b>	Cheeseburger		Quesadilla		Chicken Bacon Ranch Wrap		Cheese Pizza		Spaghetti no meat	
<b>Elementary</b>	Chicken Waffles Home Fries Fruit		Tuesday Chicken Taco Corn Rice Fruit		Baked Spaghetti Carrots Bread Sticks Fruit		Sweet and Sour Chicken Green Beans Ginger Rice Fruit		ACP Rice Veggies Fruit	
<b>Vegan</b>	Vegan Breakfast		Bean & Veggie Tacos		Stuffed Portabella		Vegan Pizza		ACV	