



WESLEYAN CHRISTIAN ACADEMY
UPPER SCHOOL MENU
MARCH 3 - 28, 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
Grill	Cheeseburger Bar	BBQ Wings	Baked Potato Chili Bar	Pizza	Ramen Bar
Entree	Garlic-Herb Chicken Legs Broccoli Fried Cabbage Corn Bread Mashed Potatoes Fruit	Beef Tacos Black Beans Salsa Rice Fruit	Tortellini Marinara Roasted Carrots Green Beans Garlic Bread Fruit	Pork Fried Rice Spring Rolls Peas Stir Fry Veggies Fruit	Chicken Mac and Cheese Bar Roasted Cauliflower Steamed Broccoli Fruit
Vegan	Vegan Burger	Bean Tacos	Veggie Penne	Fried Tofu and Rice	Veggie Ramen
	10	11	12	13	14
Grill	Hot Dog Bar	Pork BBQ Sandwich	Buffalo Wings		
Entree	Chicken Waffles Spiced Apples Squash Casserole Fruit	Chicken Nachos Pinto Beans Corn Salsa Guac Fruit	Beef Stroganoff Egg Noodles Peas Roasted Carrots Yeast Rolls Fruit	Early Dismissal	Teacher Workday
Vegan	Vegan Burger	Veggie Nachos	Vegan Sausage and Noodles		
	17	18	19	20	21
Grill	Cheeseburger Bar	BBQ Wings	Baked Potato Chili Bar	Pizza	Ramen Bar
Entree	Scrambled Eggs Biscuits Sausage Gravy Salad Fruit	Pork Tacos Black Beans Salsa Rice Fruit	Chicken Garlic Herb Pasta Garlic Bread Green Beans Garden Salad Fruit	Beef Pot Roast Steamed Potatoes Peas Roasted Carrots Yeast Rolls Fruit	ACP (Rice with Chicken) Broccoli Jalapeno Cheddar Corn Bread Fruit
Vegan	Pasta Marinara	Bean Tacos	Pasta Marinara	Vegan Pizza	Veggies with Rice
	24	25	26	27	28
Grill	Cheeseburger Bar	Thai Chili Wings	Fried Chicken Sandwich	Pizza	Ramen Bar
Entree	Beef Lo Mein Garlic Green Beans Spring Rolls Sesame Soy Cabbage Salad Fruit	Chicken Nacho Bar Pinto Beans Corn Salsa Guac Fruit	Sliced Pork Loin Apple Chutney Kita's Fried Brussel Sprouts Wild Rice Blend Fruit	Chicken Curry Basmati Rice Mixed Vegetables Peppers and Onions Fruit	Beef Mac and Cheese Bar Roasted Cauliflower Steamed Broccoli Fruit
Vegan	Vegan Burger	Vegan Nachos	Vegan Pasta with Roast Veggies	Vegan Pizza	Veggie Ramen